



# WALK FOR HEALTHY MINDS, HEALTHY BODIES

Saturday, October 3, 2009, at Veteran Acres Park in Crystal Lake

## Individual Registration Form and Waiver

**Why join us in our Walk?** NAMI (National Alliance on Mental Illness) is dedicated to the eradication of mental illnesses and to the improvement of the quality of life for all whose lives are affected by these diseases. *Worth Magazine* has ranked NAMI in its "Top 100 charities most likely to change the world." Your participation adds strength to our efforts to advocate for solutions and combat stigma.

**What is the cost to register?** None! We appreciate your support by joining us.

**How can I help?** The Walk is NAMI McHenry County's—a 501 (c) (3) nonprofit volunteer organization—one annual fundraiser. Your tax-deductible donation will help us continue education programs, advocacy for people with mental illness and their families, and a group home for adults with mental illness. Please designate your pledge amount below.

### Registration:

Full Name (print) \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Donation Amount pledged: \$ \_\_\_\_\_ (May be given on the day of the event.)

Donation Amount enclosed: \$ \_\_\_\_\_

Please make checks payable to: **NAMI McHenry County.**

### Required Waiver of Responsibility:

In consideration for accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, heirs, and executive administrator, waive and release any and all rights for damages I may have with the Mental Health Awareness Walk and verify that I am physically fit to undertake the walk that I will do. Photo release: I allow the use of pictures of me taken at the Walk in NAMI publicity materials.

Signature \_\_\_\_\_

Print Full Name: \_\_\_\_\_

Please return this form no later than September 25, 2009.

- Fax to: 815-344-8335
- Mail to:

NAMI McHenry County Walk  
5320 Elm Street  
McHenry, IL 60050

**A NAMI McHenry County Benefit: We walk for hope and recovery.**